



**UPDATE FOR NEW CONDITION/INJURY**

Patient Name: \_\_\_\_\_ Date: \_\_\_\_\_

Reason for visit:

- F/U visit
- F/U fracture
- Post-op (Date of Surgery: \_\_\_\_\_)
- New problem (please describe briefly below):
- Review MRI or other studies
- Injection
- Cast Removal

What body part is involved? (Please mark the table below)

SHOULDER/ARM <input type="checkbox"/> L <input type="checkbox"/> R	HIP/GROIN/THIGH <input type="checkbox"/> L <input type="checkbox"/> R	NECK/UPPER BACK <input type="checkbox"/>
ELBOW <input type="checkbox"/> L <input type="checkbox"/> R	KNEE <input type="checkbox"/> L <input type="checkbox"/> R	MID-BACK <input type="checkbox"/>
FOREARM/WRIST <input type="checkbox"/> L <input type="checkbox"/> R	LEG/ANKLE <input type="checkbox"/> L <input type="checkbox"/> R	LOWER BACK <input type="checkbox"/>
HAND/FINGERS <input type="checkbox"/> L <input type="checkbox"/> R	FOOT/TOES <input type="checkbox"/> L <input type="checkbox"/> R	

1. How long has it been since your last visit? \_\_\_\_\_  Days  Weeks  Months
2. Since your last visit, are you:  resolved  better  worse  same
3. On a scale of 0-100%, how much better are you now? \_\_\_\_\_ % (If not better, put 0%)
4. On a scale of 0-10 (10 is the worst), how severe is your pain? (Circle) 0 1 2 3 4 5 6 7 8 9 10
5. What is the quality of the pain?  sharp  dull  stabbing  throbbing  aching  burning
6. The pain is now:  constant  comes and goes (intermittent) Does your pain wake your up from sleep?  Y  N
7. Do you have:  numbness  tingling  weakness  swelling  locking/catching  giving way  
 loss of control of bowel or bladder  none
8. What medications are you still taking for this condition:  none  
 anti-inflammatory \_\_\_\_\_  
 narcotic (pain killer) \_\_\_\_\_
9. Please indicate if you have had any diagnostic tests/evaluations since your last visit:  
 MRI  CT scan  Nuclear scan  Ultrasound  X-rays  
 EMG  Blood work  Evaluation by another doctor: \_\_\_\_\_

10. Use check box below to show what treatment was done at or since your last visit:

<b>Treatment</b>	<b>Did it help?</b>
<input type="checkbox"/> Anti-inflammatories	<input type="checkbox"/> Yes <input type="checkbox"/> No
<input type="checkbox"/> Narcotics	<input type="checkbox"/> Yes <input type="checkbox"/> No
<input type="checkbox"/> Brace/Cast	<input type="checkbox"/> Yes <input type="checkbox"/> No
<input type="checkbox"/> Physical/Occupational Therapy	<input type="checkbox"/> Yes <input type="checkbox"/> No
<input type="checkbox"/> Home Exercise Program	<input type="checkbox"/> Yes <input type="checkbox"/> No
<input type="checkbox"/> Injection at last visit: short term	<input type="checkbox"/> Yes <input type="checkbox"/> No
<input type="checkbox"/> Injection at last visit: long term	<input type="checkbox"/> Yes <input type="checkbox"/> No
<input type="checkbox"/> Surgery since last visit	<input type="checkbox"/> Yes <input type="checkbox"/> No

## REVIEW OF SYMPTOMS

### Interval History

Since the last visit, have you:

Developed new problems in: Eyes  Y  N Heart  Y  N Bowels  Y  N  
Skin  Y  N Ears  Y  N Lungs  Y  N  
Urine  Y  N Nerves  Y  N Diabetes  Y  N  
Joints  Y  N  None

Developed new allergies?  Y  N If yes, please describe: \_\_\_\_\_

### *PMH*

Been prescribed new medications by any other physician?  Y  N If yes, please describe:

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Been hospitalized for a non-orthopaedic condition?  Y  N If yes, please describe:

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### *SH*

Started or stopped smoking?  Y  N If yes, please describe: \_\_\_\_\_

Please indicate whether you're currently:

Working full-time       Working part-time       Unemployed       Retired  
 On temporary disability       On permanent disability       In school

What is the current job status?  regular job  light duty  not working due to this condition

Are there any questions you wish your doctor to answer for you at this visit? \_\_\_\_\_

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By signing below you indicate your understanding that it is your responsibility to provide complete and accurate information about your health history and current condition, including information about any changes since the last visit.

Patient Signature: \_\_\_\_\_

Date: \_\_\_\_\_