

## 2014 Walk to Cure Arthritis New York City

**Saturday, May 17th, 2014**

**Foley Square Park**

**Registration Opens at 8:00 AM**

**Walk Begins at 10:00 AM**

The Walk to Cure Arthritis raises funds and awareness to fight the nation's leading cause of disability. We aren't just helping the millions of people who live with arthritis pain, we're funding research that's getting us closer to a cure.

The event features a three-mile and one-mile course, with arthritis information and activities for the entire family. Pet owners are encouraged to bring their dogs.

Let's raise funds to find a cure for arthritis, then come together to support each other and walk!

### Spotlight On - Dr. Alexander Golant

Dr. Golant is an Orthopaedic Surgeon, whose practice focuses on Sports Medicine, Arthroscopic Surgery, and Joint Reconstruction. He is the Associate Director of Sports Medicine at New York Hospital Queens (NYHQ) in Flushing, NY, and Assistant Professor of Clinical Orthopaedic Surgery at Weill Medical College of Cornell University.

Dr. Golant received his undergraduate and medical education at the University of Pennsylvania in Philadelphia. He completed orthopaedic surgery residency at New York University - Hospital for Joint Diseases, and then a Sports Medicine fellowship at Lenox Hill Hospital and Nicholas Institute for Sports Medicine and Athletic Trauma.



Currently Dr. Golant serves as an orthopaedic consultant to several athletic organizations, including the New York Cosmos professional soccer team, CUNY Queens College Athletic Department, Flushing High School Football, and the Metropolitan Oval Soccer Academy.

Beyond providing clinical care to his patients, Dr. Golant actively participates in orthopaedic education and research. He is a member of the Graduate Medical Education and Research Committee at NYHQ, regularly teaches orthopaedic residents, and serves as an instructor at national training courses for arthroscopic surgery. He has authored or co-authored numerous scientific articles and presentations, and conducts research investigations in several areas of orthopaedic

surgery, sports medicine and joint preservation. He serves on the Editorial Board of the Journal of Arthroscopy, and on the Publications Committee for the American Orthopaedic Society for Sports Medicine (AOSSM).

Dr. Golant has been recognized for his dedication to patient care and advancement of orthopaedic education and research with a number of awards, including NYU Hospital for Joint Diseases Resident Teacher of the Year Award, Vitals Patients Choice Compassionate Doctor Award, and was named as one of New York Rising Stars by Super Doctors® in 2013. He was recently selected to a prestigious Advanced Arthroscopy Traveling Fellowship by the Arthroscopy Association of North America.

Dr. Golant is a former competitive martial artist, an avid skier and an outdoor enthusiast. He lives in Manhattan with his wife and two daughters.

For more help or information about the Walk to Cure Arthritis contact:  
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